Rural Urgent Care Centre Solutions

Sub -group report

Version 2.0 24th September 2015

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Editorial Note

As members of the Rural Urgent Care Centre Sub group, representatives of Healthwatch Telford & Wrekin and Healthwatch Shropshire have requested that it is made clear that they have significant reservations regarding the proposal to exclude the number and location of rural urgent care centres from the formal public consultation on Future Fit.

Introduction

In the spring of 2015, the Future Fit programme board agreed that there was a pressing piece of work to be completed in order to inform the decision regarding the number and location of rural urgent care centres to be located in Shropshire. These rural urgent care centres would be in addition to the two urban urgent care centres which are included in the overarching Future Fit Clinical Model and will be located on the current Shrewsbury and Telford hospital sites.

A rural urgent care centre sub-group was established, to report into the Future Fit programme team. The sub group were tasked with making a recommendation to the programme team regarding the number and location of rural urgent care centres by September 2015.

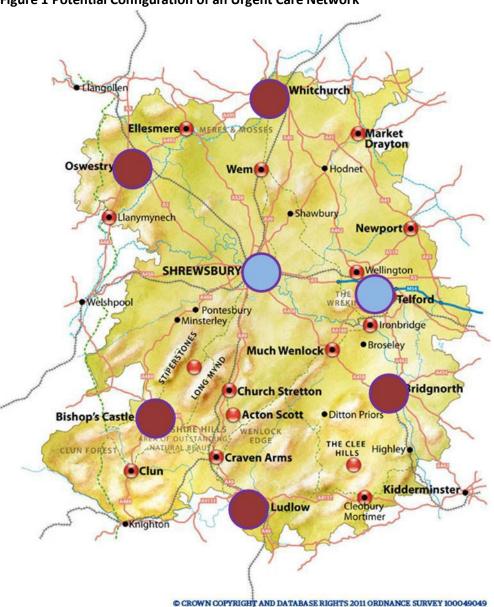


Figure 1 Potential Configuration of an Urgent Care Network

The sub-group undertook a variety of activities in order to inform their recommendations, these are all summarised in the pages that follow and where available full reports of the work are included as appendices.

1. Summary of key findings

- Local people and stakeholders are passionate that they do not want to lose any of the existing services provided in their area
- There is very strong support for maximising urgent care provision in each area.
- There is a clear view that integrating health and associated services within a locality will have positive benefits for patients.
- Local people are very anxious that failure to secure an Urgent Care centre in their local facility may mean current service provision (including community hospitals and MIUs) will be eroded and eventually lost.
- It is striking that when the public and patients were asked where they would travel to if there was no local access to rural urgent care, there was an overwhelming view that the urban urgent care centres at Shrewsbury and Telford would be their destination of choice for urgent care, rather than a rural urgent care centre in another town.
- There was a view that it is better to start small and grow progressively rather than start at scale and potentially fail to achieve the necessary throughput resulting in a negative evaluation and potential withdrawal.
- There was also a view that UCC services should not be considered separately, but considered as a component of the overall delivery of health and care services from a rural location with the use of shared resources wherever possible.
- The majority of the elements within the specification were supported, elements that were questioned generally focused on items that were thought to be available as part of the overall site. For example, waiting space for children.
- There were some items identified that were not included in the specification that came up in discussions specifically; staff trained to deal with mental health, social workers, health care assistants and other support staff, car parking.
- The GP community did not have a single view about the nature of Urgent Care Centres or the model of an Urgent Care Network, there was some concern from General Practice and patients that strong Urgent Care Centres could undermine the long term viability of rural practices. Careful consideration will need to be given to the relationship between services and potential unintended consequences of developing a network.

2. Recommendations from the rural urgent care sub-group

The sub-groups has reviewed all of the evidence and below are some initial recommendations to help inform ongoing locality discussions.

- 2.1 There has been insufficient attention to date on urban urgent care centres. This has been beyond the remit of the current sub-group but there is a clear and pressing need to learn lessons from the prototypes that have been in place and to describe in full the role and activity of the urban centres. This will in turn inform the ongoing rural urgent care centre discussions.
- 2.2 Our engagement work has clearly demonstrated that there is a lack of understanding of the clinical model and in particular the potential range of services that could be on offer through urgent care centres. It is essential to set out as clearly as possible what will be offered at the two urban urgent care centres and to share the core requirements in a format that the general public can understand.

- 2.3 The ambulance service has commented on initial findings of the sub-group and indicated a willingness to be involved in further discussions regarding both urban and rural centres. They have provided specific comments regarding the need for consistently skilled staff within each centre. We suggest regular check points with the ambulance service as the work progresses to enable them to input on matters such as the core requirements, workforce competencies, geographical location and activity of urban and rural urgent care centres.
- 2.4 The activity level data used to date is under developed. Further work need to be done both from an analytical perspective but also with local communities to ensure that whatever urgent care services are provided within their localities are appropriately utilised to ensure the best use of tax payers money.
- 2.5 It has been acknowledged that the assumptions used to inform rural urgent care centre activity levels to date are high level, and the analysts have suggested using the MIU data which they now hold to refine some of the assumptions. Localities should consider more detailed analysis and local knowledge to inform their local offer.
- 2.6 Consideration should be given to how rural urgent care services are configured, with due regarded to potential unintended consequences, for example protection of GP practice viability.
- 2.7 Further work needs to be done to understand when the related piece of work being undertaken nationally regarding workforce requirements for urgent care centres will report. Future Fit may review, through the Future Fit workforce steering group implications of a minimum workforce service requirements for urgent care centre staff, assess skill levels of existing staff against these requirements and to test the applicability of the requirements against the revised core offer.
- 2.8 Taking into account the feedback received to date, we have suggested some amendments to the core offer. A suggested revised urgent care centre core offer is included at Appendix 2. Primarily the changes suggested are:
 - Common opening times were regarded as an essential element of the requirements to
 give a consistent offer across the county. It was highlighted that some places might have
 longer opening times than the core requirement, and some areas may experience low
 utilisation, particularly in the early hours of the morning.
 - Exclude ultrasound services from the list of core requirement. Where ultrasound services are available, there was no suggestion they should be removed, but not counted as core.
 - Access to X-ray services was considered essential but not for the whole opening times of the services, some suggestion that urgent care centres should have x-ray services available 4 hours per day, some discussion of on-call facility. There was lack of agreement regarding whether this should be consistent times across all centres and 7 days per week.
 - Consider flexible use of facilities wherever possible, for example is a separate therapy
 assessment area necessary if there are suitable obstacles within the building. There was less
 clear-cut opinion regarding the need for separate children's' assessment / waiting areas and
 mental health assessment areas.
- 2.9 Mandate rotation of staff through urban and rural centres and potentially other services to maximise networking, staff satisfaction, clinical skills training and other development opportunities.
- 2.10 Further refine the core staffing requirement and make necessary adjustments to staffing

costs by site, against current baseline staffing.

- 2.11 A well-communicated, consistent offer is required to minimise the current confusion about what the different names for services like 'walk in centres', 'UCC', 'MIU' and others. This creates a situation where people are more likely to default to the A&E or turn up to an MIU when it is not open or their condition cannot be treated there.
- 2.12 Communications messaging to patients needs to be carefully considered; need to minimise risk of patients who have conditions requiring immediate Emergency Centre treatment delaying by accessing their local rural urgent care provision initially.
- 2.13 Mental health came out very strongly in discussions and the need to ensure clear pathways are in place are available, through co-location of services, to enable on site access to mental health services. NB analytical work required to assess actual numbers of patients versus perceived need. Some expressed the view that current urgent access to mental health treatments was not meeting patient need.
- 2.14 The estates work completed to date is very high level and in the next phase more detailed consideration should be given to the consequences of allocating community hospital space to urgent care work, whether this displaces outpatient or other planned care work which currently operates from the same clinical space. Existing staffing and asset base should be factored in.
- 2.15 There is ongoing uncertainty regarding the extent to which patients from Powys should be considered when making decisions regarding rural urgent care provision. The latest update from Powys is as follows:

In Powys, Welshpool MIU currently offers some urgent care services (though not at the level of a

UCC). Some urgent care needs from Powys are addressed by Shropshire services. Strategically, Powys tHB is working to bring back as much activity into Powys as possible and is currently reviewing its service model. It is not yet in a position to confirm its preferred delivery model or the preferred location for urgent care services.

2.16 Further work needs to be done with primary care localities involving all local stakeholders to better understand the local appetite and potential for creating rural urgent care services.

3 Next steps

The sub-group has been advised that the Future Fit programme board believe that the current plan to submit a final decision on number and location of rural UCCs would limit full exploration with local communities on how to best invest healthcare funding locally. The board favours instead a wider discussion with clinicians, patients and the public on rural urgent care provision, which will continue over the coming months.

Shropshire and Telford & Wrekin CCGs are, therefore, proposing that

- The potential for rural urgent care provision is fully developed with local communities across Shropshire and Telford;
- The scope and scale of the two proposed urban urgent care centres is reviewed following an accelerated process, to report prior to consultation.
- The governance structure for this work, reporting into the Future Fit programme board, chaired by commissioners and with a revised membership and terms of reference.

The CCG have suggested that the following areas will need to explored, and fully understood, to ensure that a local sustainable model is created:

- Drawing on the local expertise of all stakeholders, including patients, GPs and representatives
 of all the other affected workforce groups, to determine whether their population will be best
 served by a UCC or a different investment in current community services;
- Creating a clear understanding of how local clinicians and others will use this service and how
 it will align with their current service provision;
- Understanding what role local GPs will have within a UCC whether this be directly offering services or having a supportive /advisory role; and
- Ensuring all providers of health, care and associated services are able to understand what impact a local UCC could have on their business both in relation to benefits and risks.

This work will also:

Build on all the outputs from the current sub-group work; Review the experience of current prototypes at RSH and PRH; and Gather evidence of good practice from comparable rural areas.

Table 1 The timetable proposed by CCGs for next phase of urgent care centre work

	Local Clinical Work	Wider Engagement				
Sept	Sub-group completes re	eport and submits to Board.				
Oct	Initial workshop for all localities together to brief on work to date and set the task	Publish sub-group report.				
End Oct	Agree specification for	urban urgent care centres				
Nov	Detailed work to be undertaken through					
Dec	series of locally led meetings focusing on					
Jan	services on 5 potential UCC sites	 Plans to be developed for engagement activities around sub-group work, feeding in 				
Feb	 Second workshop for all localities to present draft local proposals, enabling peer review and sharing of ideas. Local areas to finalise proposals 	to final locality proposals				
Mar	CCG Board to consider proposals	Communication of final proposals				

4 Summary of findings by site

The following pages take each of the sites in alphabetical order and collate the key findings from this phase of work. The table below illustrates the source evidence for the comments in each of the sections. Full versions of the source documentation are included in the appendix.

Title	Description of content
In summary	Sub-group conclusion for that site, having reviewed available evidence.
Projected activity	DAART & MIU
levels	Where DAART (Diagnostics, Assessment and Access to Rehabilitation and Treatment) and MIU (minor injury units) are in place, current average activity levels as reported by the Community Trust, are included. (DAART) offers patients an assessment and diagnostic service including assessment by a GP with special interest in older people. The Minor Injury Units (MIUs) are staffed by experienced nurses and patients that attend one of the units will be assessed and treated as quickly as possible.
	X-Ray
	X-ray services are already operational across all sites except Bishops Castle. A separate piece of work to understand the likely potential shift of x-ray activity from the two main acute trust sites to rural urgent care centres was also commissioned and the key findings are reported by site. Bishops Castle does not currently have facilities or equipment to perform X-rays and so the modelling was done to reflect implication on other rural sites both with and without Bishops Castle as an X-ray site.
	The X-ray service at Oswestry Minor Injuries Unit is provided by Robert Jones and Agnes Hunt Trust and already provides an X-ray service for GP referrals. Current X-ray activity at Oswestry and potential shift for the other sites is detailed in the appendix.
Travel time modelling	Estimates of where people might travel to access urgent care were made based on travel times to sites. Acknowledging that this may be a flawed approach, a sensitivity analysis was applied to show the numbers of likely attendees if activity was 20% above or 20% below these activity levels. Caveats to be borne in mind when reviewing these numbers are set out in the appendix. An alternative methodology, which estimated likely attendees based on the proximity of the GP practice they are currently registered with, showed another set of activity data.
Ectator foacibility	·
Estates feasibility study	The Community hospital Assessment was carried out by hospital managers from Shropshire Community Health NHS Trust. The findings were quality assured by the Community Trust business and estate planning leads.
Outline cost estimates	Staffing costs have been prepared which take into account relevant existing staff and estimate the additional costs required to staff a rural urgent care centre to the core staffing requirements. Appendix 9 outlines the work that Future Fit workforce workstream will progress regarding the competencies required for staff working in UCCs.

CCGs have reviewed their projected financial modelling and Shropshire CCG has identified a recurrent amount of £5.3m which is available to support developments in the community, the exact shape of which will be informed by the ongoing locality discussions around rural urgent care.

Stakeholder workshops round 1

Stakeholder workshops were held during August and September 2015 at each of the five potential locations for rural urgent care centres. The workshops were designed by members of the Future Fit team with external support and guidance from Participate, a social communications agency specialising in public engagement and consultation. Due to the time constraints, the sub-group opted to primarily invite people to the programme who already had some knowledge of the Future Fit programme. In addition, all practices were invited to send representatives.

The first round of events consisted of an introduction to the notion of urgent care by a clinician, and facilitated group discussions. Attendees were asked to record their views in individual booklets, which were collated and reported by Participate. Key themes included:

- Knowledge, Use and Experience of Existing Services
 Participants from the 5 events were asked to share their experiences of using services and to discuss which services they would use for self-care, ongoing/routine care, urgent and emergency care.
 - Rural urgent care centres

The events explored urgent care and what a rural urgent care centre should be like in relation to proposals outlined. Participants were specifically asked about accessibility, staffing, reasons for using UCCs and how they should operate differently and in conjunction with existing services. In addition to the pre-reading material the participants were referred to the minimum system requirements sheet which illustrated facilities, workforce,

diagnostics and pharmacy available at the UCCs for 16 hours a day, 7 days a

Stakeholder workshops round 2

week.

The second round of events aimed to invite a similar audience, and asked them to consider two questions, through facilitated table discussion:

- where would you obtain urgent care if you were not successful in getting a rural urgent care centre in their locality.
- What elements of the core service offer (minimum system requirements) do you consider to be the most important?

4.1 Bishops Castle

It is unlikely that Bishops Castle would meet the core requirements as they currently stand, and it may be possible to devise and alternative locally grown solution to meet local urgent care needs. The sub-group notes the enthusiasm and energy of Bishops Castle stakeholders, and in particular the local appetite create a more innovative urgent care offer around existing primary care service. Projected activity I DART & MIU There are no DAART or MIU services operating currently operating in Bishops Castle. X-Ray X-ray services are not currently operational in Bishops Castle and there is no facility equipped to the required standards. Our analysis shows that there is scope to divert some X-ray activity (up to 867 examinations per year) from Shrewsbury hospital to Bishops Castle, based on patient travel time analysis. A this amounts to fewer than 3 investigations per day, it is unlikely that further work would conclude that the benefits of patient convenience and modest activity levels make consistent daily opening hours viable. Travel time modelling The travel times analysis show low numbers of likely attendees (Just over 100 per year) in the 6am – 9am slot, localities should carefully consider the viability of early morning opening of a stand alone service. Throughout the remainder of the day 9am – 9pm likely attendees (Just over 100 per year) in the 6am – 9am slot, localities should carefully consider the viability of early morning opening of a stand alone service. Throughout the remainder of the day 9am – 9pm likely attendees average at lethan 3 per hour. Careful consideration should be given to co-location of services to ensure staff are fully utilised, workforce skills are maintained and morale is assured to maximise the likelihood that staff will want to stay in post study Estates feasibility Small hospital with limited facilities/ support services and does not fully meet requirements in any area. This is the only community hospital which currently does not provide a MIU service. There are areas t									
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Bishops Castle		Facilities	Workforce	Diagnostics and
Stakeholder workshops round 2: Proposed core service offer discussion	Essential	Waiting Area (adult) Observation and or assessment unit	Advanced Nurse Practitioners (ANP) GP available for assessments Administration and or Reception	Pharmacy Plain Film X-ray Ultrasound Point of care testing and blood fridge
	Less likely to be essential	Waiting area (children) Consulting and or examination rooms Dirty Treatment and or plaster room	Radiographer*	Pharmacy – stocked dispensary

	Interview room	
	(mental health)	
	Therapy	
	assessment space	
	Storage for	
	equipment	
*	adiographer not required for 16 hours	

4.2 Bridgnorth

In summary	There is strong potential to develop a rural urgent care centre in Bridgnorth consistent with the core requirements. Local GPs have expressed a desire to be more significantly involved in urgent care service delivery and this could be explored further through locality discussions.							
Projected activity levels	DAART & MIU Bridgnorth MIU is open 8am to 9.30pm, 7 days per week. The MIU sees an average of 144 patients per week, representing 32% of the rural MIU activity. The DAART service averages 11 bookings per week.							
	examinations scope to dive Shrewsbury & Further work	X-ray services are currently operational in Bridgnorth, performing 3552 examinations over a recent twelve month period. Our analysis shows that there is scope to divert additional X-ray activity (up to 871 examinations per year) from Shrewsbury & Telford hospitals to Bridgnorth, based on patient travel time analysis. Further work is required to assess whether the benefits of patient convenience combined with additional activity make consistent daily opening hours viable.						
Travel time modelling	The travel tim 6am – 9am sl opening of a s A steady flow	he travel times analysis show low numbers of likely attendees (158 per year) in the am – 9am slot, localities should carefully consider the viability of early morning pening of a stand alone service. steady flow of patients (very roughly 3 per hour), expected 9am to 9pm, may be deficient to maintain staff skill and morale. Note recommendation regarding						
Estates feasibility study	Of all the community hospitals, Bridgnorth has the most facilities/ services available. There is limited capacity to expand externally but there is potential to redesign areas internally including areas that are currently under-utilised.							
Outline cost estimates			_	account overall loc be brought togeth	-			
Stakeholder workshops round 1:		Ongoing health problems	Self-care	Urgent care	Emergency care			
Previous experience of NHS services, categories discussed by attendees	Examples	Breathing difficulty Cancer	Eczema/skin problems Arthritis Pain Toothache	Fall/accident Breathing difficulties Scald Chest pain Overdose	RTA Heart problem Fall Meningitis Headaches			
	Location	Most popular location was GP.	GP and Pharmacist	A&E, 999, GP, MIU, WIC, hospital	A&E, ambulance, hospital			
	Comments	More knowledge needed about GP nurse practitioners.	Things like this would be ideal in the pharmacy (but legal	Travel with a long term condition back and forth to hospital (every	Timely access is important. Didn't want to go to A&E			

		adv exp to k sym Nar plac (pe und Spe nur ava Cor kno the	ess to ice, don't ect people know hptoms. he of ces - MIU ople don't lerstand). cialist se ilability. hfident they w what y are doing.	wl ph do Ap av 5p so wa Ra ac ag th pa	aplications of hat hat harmacies can o). Depointment vailable after om required o time was not asted from ork. Ang 111 for dvice, took ges to go rough athway, said ey would ring	di Ti m Co se ja im Th th hi: av th Ac	her day acces fficult. mely access ost important onveying what rvices are dergonise and aportant. The GP knew e patients story. The railability of e local GP. Idvice and assurance.	symptoms resembled meningitis.
		card nee blood shad resi Lond pat abod tread Cord serv Bood adv pre	e i.e. eding to do ods and ring ults. g standing ient, know out my atment. ofidence in vice. oked in ance to see ferred ctor.	ba W ph ac	deck. Vent to Diarmacy, got Voice Squired.	off see plant far far tro	a competent rvice and eased I did no live to travel r to be seen raight away of receive eatment. Scovered blume of blets taken so ok straight to RE - safety - eeping my hild alive.	t
		diff	ifficulty pancer A		zema/skin roblems rthritis ain oothache	Fa Br di Sc Ch	Ill/accident reathing fficulties ald nest pain verdose	RTA Heart problem Fall Meningitis Headaches
Bridgnorth Stakeholder workshops	Accessibility	,	Staff		Want to use		Operate differently	Work with existing
round 1: Main themes from Rural Urgent care Centre discussion	Opening hor – 7 days Transport Location – local/ centra Parking Communica	ys Nurse port Mental on – health central Radiographe g Social worke			Opening hours Quality of care Sharing information Waiting times		Located with other services Access to range of services Location Opening	Sharing information Communication Integration of services

	<u> </u>	T	L	
			hours Use of	
			technolog	JV.
Bridgnorth			teamora	57
Stakeholder	Where would you go	Current provision	What additional	What local assets
workshops		that want to	services are needed	are there
round 2:		ensures stays		
	Services: New Cross,	Services: Day	Acute: More doctor	Services: Hearing
Summary of	GP, Bridgnorth MIU, Russells Hall, Dudley,	surgery, outpatients, X-ray,	presence at MIU at Bridgnorth Hospital	tests, Tissue viability clinic,
discussion 'if	Kidderminster – MIU	Ultrasound,	bridgifortii riospitai	Defibrillators, GP
there was no		Phlebotomy	Planned: Develop	surgery adjunct to
urgent care	Locations: Telford,	services,	chemotherapy	community
centre locally, where would	Shrewsbury,	transfusions, beds,	support services,	hospital, DARRT,
you go?'	Wolverhampton,	diagnostics,	Increase	First responders,
you go:	Kidderminster, Ludlow, Dudley	Chiropody, physiotherapy,	ambulatory care	Plastering facilities, a great GP service,
	_aa.o., baa.cy	occupational	Diagnostics: Point of	great hospitals,
	General: Community	therapy (in hospital	care testing,	great OOH service,
	cars – network CCG	& community),	Diagnostics at	MIU, Passionate
	commissioned and	diabetes nurse,	weekend inc. x-ray,	rural GP's,
	voluntary cars for GP Practices	Specialist – screening & clinic,	Increase ultra sound	Other: Hospital and
	Fractices	mental health in GP	Primary/OOH:	existing facilities –
	Concerns: Very little	surgeries, MIU, One	Shropdoc extended	location/access and
	pharmacy provision	shop cystoscopy,	to night times	car parking all very
	in Bridgnorth, would	PMB, Lithotripsy,		good ,Large car
	not consider using the MIU for urgent	Bladder scanner, DAART, Bridgnorth	Social: Improved Social Services	park, Bathing project, Day care
	care, Only one	MIU, Bridgnorth	Social Services	centres, Dementia
	ambulance	hospital, nursing &	Mental Health:	butterfly café
		residential care	Improved Mental	(monthly),
		DART, Plaster	Health Care	Gardening club,
		room, Community	Tachnalagu: IT ta	Voluntary (e.g. League of friends,
		beds especially for rehab, Operating	Technology: IT to support – WIFI the	Diamond drop-in –
		theatre, First	hospital –	Age UK, Good
		response	integrated to Sath	volunteers –
		ambulances,	hospitals,	especially around
		Weekend Shropdoc	Immediate access	Hospital, Good
		presence, midwife led unit, physio	telemedicine, Develop	working relationships
		Dept Dept	communication	between key
		•	/technology to	stakeholders
		General: everything	increase access to	
		we have now, Good	decision makers and	Concerns: good
		'access' to consultant advice	records	range of services; all well used and
		for MIU	Palliative care:	must not be lost
			better end of life	
			care	
			Othor: Extended	
			Other: Extended hours (7 days a	
			week), especially	
			pharmacy, UCC	

			seven day provision, Medical cover – having a doctor in the hospital, Laminated A5 card signposting to local services, Better public transport, Better security after 21:00, local rehab, Upskilled staff to manage more complicated care, Increase availability of DAART, Greater access and better links to 'other' community health services	
Stakeholder		Facilities	Workforce	Diagnostics and Pharmacy
workshops round 2: Proposed core service	Essential	Waiting Area (adult) Observation and or assessment unit	Advanced Nurse Practitioners (ANP) Administration and or Reception	Plain Film X-ray Point of care testing and blood fridge
offer discussion	Less likely to be essential	Waiting Area (children)** Therapy assessment space (walking and stair access) Storage for equipment such as walking aids etc.	Radiographer*	Pharmacy – stocked dispensary
	* Radiographer not requ	Interview room (mental health)	GP available for assessments Access to Emergency Centre via telephone and or video	Ultrasound

4.3 Ludlow

In summary	Ludlow has the potential to meet the core requirements to develop a rural urgent care centre and local discussion could develop discussions regarding co-location of a wider range of health and care services, as well as mechanism to ensure utilisation of those services.							
	_		udlow Community Ho ent Care centres whic	•	-			
Projected	DAART & MII	U						
activity levels	patients per v	Ludlow MIU is open 8am to 8pm, 7 days per week. The MIU sees an average of 87 patients per week, representing 20% of the rural MIU activity. There is no DAART service in operation in Ludlow.						
	over a recent additional X-r to Ludlow, ba whether the make consist that number hospital are r	twelve month ray activity (up ased on patien benefits of pa ent daily open of X-ray inves reduced if ther	operational in Ludlo n period. Our analysis to 652 examinations at travel time analysis atient convenience co- ning hours viable. No stigations likely to tra re is an X-ray service in w from October 2015	s shows that the s per year) from . Further work embined with a te: The travel til nsfer to Ludlow n Bishops Castle	ere is scope to divert Shrewsbury hospital is required to assess dditional activity me analysis shows from Shrewsbury			
Travel time modelling	6am – 9am sl opening of a A steady flow sufficient to r	The travel times analysis show low numbers of likely attendees (158 per year) in the 6am – 9am slot, localities should carefully consider the viability of early morning opening of a stand alone service. A steady flow of patients (very roughly 3 per hour), expected 9am to 9pm, may be sufficient to maintain staff skill and morale. Note recommendation regarding rotation of staff.						
Estates feasibility study	flexibility to r the MIU area	Meets the requirements in a number of areas. The current empty ward provides flexibility to move other services into vacated area to release more space adjacent to the MIU area eg outpatient clinics. Broader reconfiguration of hospital needs to be considered to provide clearer entry point this may have implications for urgent care						
Outline cost		•	sensitized taking into					
estimates	compliment a	across a range	of services that could	d be brought to	gether.			
Ludlow								
Stakeholder		Ongoine	Solf core	Llugant core	- Curavaana: cara			
workshops		Ongoing health	Self-care	Urgent care	Emergency care			
round 1:		problems						
Drovio		Diabetes	Minor injury	Cut	Pulmonary			
Previous	Examples	Asthma	Hayfever/allergies	Sprain/injury	embolism			
experience of NHS]]	Blood	Weight	Fall/accident	Sepsis/Septicaemia			
		pressure	Blood Pressure	Head Injury	Stroke symptoms			
services,	<u> </u>	Picognic	2.00011033410	. read injury	Stroke Symptoms			

categories		Mental	Cystitis	Cancer	Fracture
discussed by		health	Cysticis	Carreer	COPD
attendees		Parkinson's			
		Disease			
		Most	Most popular	Most	Most popular
	Location	popular	location was	popular	location was
		location	Pharmacist.	location was	hospital.
		was GP.		Minor	
				Injuries Unit	
				then GP.	
	Commonto	For rare	To self-medicate.	Ludlow –	We should have
	Comments	conditions,	Would have gone	MIU.	rung 999 ourselves
		important	to GP if not better	Appropriate	before this.
		to get care	after 3 days.	level of care	Patients are
		from	Just needed	and	understandably reluctant to
		clinical	antibiotic eye drops because I	convenient MIU am -	
		expert. Some	wore contact	Close by,	diagnose themselves as
		services	lenses. They said	easily	having a life
		not	I had to go to GP -	accessed	threatening
		available in	went to walk in	and sure of	condition and
		Shropshire.	centre who didn't	being seen	therefore DON'T
		Some	examine me, just	and treated.	access emergency
		services	took a look from	Shrewsbury	care appropriately.
		available	their seat and	Unit -	Issue was
		but now	wrote	Occurred	diagnosis, not
		restricted.	prescription - why	early	care.
		Pressure	couldn't	morning	
		on GPs not	pharmacy have	before GP	
		to refer to	given me them -	opened.	
		specialist services.	undermines	Urgency of	
		Real	confidence in using alternative	consultation - no other	
		difficulties	services.	choice.	
		Relative	Lack of specialist	Waited until	
		was known	physio locally -	9am (GP	
		to surgery.	advice/support	opened at	
		Already	obtained	8). Very well	
		was	elsewhere.	cared for	
		receiving		once seen.	
		care for		Wanted to	
		other		use nurse	
		conditions		practitioner,	
				not wait for	
				GP.	
				Initially	
				advised to	
				go to an appointment	
				in Redditch -	
				111 didn't	
			l	TIT GIGIT (

Ludlow	As Blo pro Mo he Pa	abetes thma ood essure ental alth rkinson's sease	Hayfe Weig	d Pressu	ergies	understand the demographic of where I lived. Cut Sprain/injury Fall/accident Head Injury Cancer	Pulmonary embolism Sepsis/Septicaemia Stroke symptoms Fracture COPD
Stakeholder	Accessibility	Staff		Want	to	Operate	Work with
workshops round 1:	Opening hours	Nurse		use Locati	<u> </u>	differently Access to	existing services
Tourid 1.	Opening hours - 16-24 hours	practiti	oner	Openi		range of	Integration of services
Main	Location – local	GP	onci	hours	-	services	Located with
themes from	area	Mental		Highly	/ _	Highly-	other services
Rural Urgent	Transport	health		traine	d	trained staff	Use of technology
care Centre	Located with	Social		staff		Opening	Communication
discussion	other services	worker		Acces		hours	
	Parking	Nurse		range			
				servic	es		
Ludlow		1					
Stakeholder	Where would you	ı Curre	nt prov	ision	What	additional	What local assets are
workshops	go		want to		service	es are needed	there
round 2:	G : CD		es stay			AL I	C :
	Services: GP, pharmacies (only		es: Shr llow, Lo			Need a r room at	Services: Exercise & referral – Health
Summary of discussion 'if	open till 6pm),		ing an	•	Ludlov		centre, Help to quit,
there was no	Ludlow MIU,	ultras					alcohol – GP, dialysis,
urgent care	Tenbury –		er, Lud			ed: planned	soon ultrasound,
centre	decreased MIU, Shropdoc	ray, N	is centr ⁄IIII	es, x-		mbulatory otherapy	Station drive surgery (8am to 8pm)
locally,	J op a o o	-	ound, N	ΛLI,	0	, c c. a.p. ,	(ca to op)
where would	Locations:		o, OT,		Diagno		Other: LOF, Clun good
you go?'	Kidderminster,	-	tal beds			ble x-ray	neighbours/friends,
			wards, nders,	IIISL	Point	ns, DVT Scan, of care	Walking for health, a lot of good work going
	·		nedics S	SM		g, ultrasound	on.
	Newtown,		ay surg	-	provisi	on	
	Welshpool, Leominster,	-	actices, Links w		Drimar	ry/OOH: blood	Concerns:
	Tenbury Wells		paedics			usions, IV	
	, , , ,		atient c			otics locally	
	General: public		worke				
	awareness is limited, Access ar		o hospi - comm		Social:		
	hours are		iatric n	-	Menta	l Health:	
	important, Telfor		tive Car		Menta	l health	

	difficult to get to, No ambulance based in Ludlow,	home, Audiology, Speech Therapy, Podiatry, Falls	assessment Technology:	
	travel issues	prevention group – every 3 months,	Telemedicine, Video links for MDT,	
	Concerns: tried	Drug & Alcohol	elderly care, ED	
	Tenbury but finds	team	physics & paeds,	
	inadequate	team	telehealth and	
	facilities, Difficult to		technology	
	determine what's		1000	
	urgent: what's an		Palliative care:	
	emergency,		Palliative care beds	
	Wouldn't go to GP		dedicated	
	first because of long delays for an		Other: pre-med	
	appointment, Can't		checks before major	
	bear to think of		surgery done locally,	
	Ludlow without		one stop shop,	
	MIU/UCC,		Communication to	
	Ambulance waits		the public,	
	even for urgent		Pharmacy facilities,	
	cases can be well		Links with elderly	
	over two hours,		care physician (use	
	Public Transport is		to have), Elderly	
	limited.		Care DAART type	
			clinic at present in	
			Shrewsbury, Mayfair Centre,	
			longer opening	
			longer opening	
			Concerns: need to	
			be based on	
			evidence, need to recognise challenge	
			of broadband	
			provision.	
Ludlow		Facilities	Workforce	Diagnostics and
Stakeholder				Pharmacy
workshops	Essential	Waiting Area (adult)	Advanced Nurse	Point of care testing
round 2:		Observation and or	Practitioners (ANP)	and blood fridge
Proposed		assessment unit	GP available for	
core service		Consulting and or	assessments	
offer		examination rooms Treatment and or	Administration and	
discussion		procedure room	or Reception Access to Emergency	
		Dirty Treatment	Centre via telephone	
		and or plaster room	and or video	
		process recent		
	Less likely to be	Waiting Area	Radiographer*	Ultrasound
	essential	(children)		
		Interview room		
		(mental health)		
		Therapy		
		assessment space		
		(walking and stair		
i		access)		

Storage for equipment such a walking aids etc.	s
Both	Plain Film X-ray
	Pharmacy – stocked
	dispensary

4.4 Oswestry

•								
In summary	There is strong potential to develop a rural urgent care centre in Oswestry consistent with the core requirements. Some local GPs are enthusiastic about the potential to develop urgent care services around the MIU and this presents a strong basis fro locality discussions.							
Projected	DAART & MII	U						
activity levels	weekends. O week, which	Oswestry MIU is open 8.30am to 6pm, Monday to Friday and 8.30am to 1pm at weekends. Oswestry is the busiest rural MIU seeing an average of 168 patients per week, which is 38% of the rural MIU activity. The DAART service averages 18 bookings per week.						
	X-Ray							
	The X-ray ser	vice at Oswestry is p	provided by staff fror	n RJAH. It is we	ll used and			
	provides 150	+ examinations per	month for the MIU, a	and support for	GP direct			
			for the practice co-l					
	-	•	me additional patien	•	-			
		· ·	r work is required to					
	-		vith additional activi	ty make consist	ent daily			
	opening hour	s viable.						
Travel time	The travel tin	nes analysis show lo	w numbers of likely	attendees (less	than 200 per			
modelling		•	ild need to carefully	-	· ·			
	morning oper	ning.	·					
			oughly 4 per hour), ex	xpected 9am to	9pm, should			
Estates		to maintain staff ski	III and morale. requirements for RUC	C Thorowould	ho somo			
feasibility		•	jacent to MIU in orde					
study	•	-	access to medical ac	•	practice is in			
,								
Outline cost	To be review	ed and locally sensit	tized taking into acco	unt overall loca	lity staffing			
estimates	compliment a	across a range of se	rvices that could be b	rought togethe	r.			
Oswestry		1		Γ				
Stakeholder		Ongoing health	Self-care	Urgent care	Emergency			
workshops		problems	Jen-care	Orgenic care	care			
round 1:		Hearing/ear	Hayfever/allergies	Ear problem	Fracture			
Previous	Examples	problem	Eye problems	Sprain/injury	Pneumonia			
experience of		Diabetes	Headache	Head injury				
NHS services,		Blood pressure	Cough, cold	Chest				
categories		Hay fever	Back ache	infection/				
discussed by		HRT/menopause		cough				
attendees				Crohn's				
		Most popular	Most popular	Disease Minor	Wrexham			
	Location	location was GP.	Most popular location was	Injuries Unit	Hospital			
		iocation was GP.	iocation was	injunes onit	τισομιται			

			Pharmacist	Walk-in	Telford
			followed by GP.	Centre	Hospital
			Tollowed by GI.	Urgent Care	Ambulance
				Centre	Ambalance
		Not urgent - GP	Visit GP and has a	Knew it was	Taken by
Comm	nents	_			ambulance.
		knows my	great relationship	better to go	
		history.	with them.	to MIU than	Care was
		Didn't consider	More people are	A&E. Was	good it was
		Urgent enough	using pharmacies	better, seen	inconvenient
		for MIU	to obtain	quickly.	for family to
		Shropdoc.	antihistamines	Closer to	visit in
			rather than a	home.	Telford.
			prescription.	Oswestry	Lack of
			I consult a	MIU - had a	public
			pharmacist and	much better	transport
			buy OTC	experience	from
			medication.	than going	Oswestry to
			Internet - various	to A&E.	Telford.
			sport forum -	I find it	You can get
			easily accessible -	difficult to	to Wrexham
			quick solutions.	go to see a	and
			quien solutions.	nurse due to	Shrewsbury
				work, it was	from
				convenient	Oswestry.
				on a Sunday	Oswestry.
				to visit a	
				walk in	
				centre.	
				Not	
				registered at	
				GP - quick,	
				convenient.	
				Previous	
				experience -	
				knowledge	
				that MIU	
				exists.	
				Over lunch	
				time,	
				practice	
				closed. UCC	
				open and	
				convenient.	
				Access to	
				medical	
				opinion.	
		Hearing/ear	Hayfever/allergies	Ear problem	Fracture
		problem	Eye problems	Sprain/injury	Pneumonia
		Diabetes	Headache	Head injury	. neamona
				Chest	
		Blood pressure	Cough, cold		
		Hay fever	Back ache	infection/	

		HR1	Г/menopause			cough		
						Crohn's Disease		
Oswestry Stakeholder workshops round 1:	Accessibility	′	Staff	Want	to use	Operate differently		Work with existing services
Main themes from Rural Urgent care Centre discussion	Opening hours – 24/7 Location – local area Parking Transport	7	GP Mental health Nurse practitioner Radiographer Pharmacist	Waitin times Locati Access range service Openi hours	on s to of es	Integration of services Located with other services Access to range of services	n es	Integration of services Located with other services Transport
Oswestry Stakeholder workshops round 2: Summary of discussion 'if there was no urgent care centre locally, where would you go?'	Services: A&E Welshpool M Shropdoc Locations: Wrexham, Whitchurch, Shrewsbury General: Osw MIU – would know if open depends on t the day Concerns: Transport big as well as cos MIU is a mis-	vestry n't , place ime o	MIU, MIUs, D Shrop Doc, R. physio, imagi Shrewsbury Orthopaedic outreachs, Paramedics, A Ambulance h First respond e Pharmacies, a ambulance, ultrasound, C MRI, lab, She ward, GP acc	exham westry DARRT, JAH, ng, X-rays, ub, ers, Air CCT and Idon ess to n RJAH, nour station urrent	Acute: in urger Planne clinics Planne clinics Diagno Extensis service and lab Primar District (twilight Social: frailty Mental Derwer learning good p Disabili Mental support mental provision CAMHS	on of x-ray , Phlebotomy o issue at MIU y/OOH: nurses of nurses) Social care - Health: n College – g disabilities ractice, ity access, health t, More health on for s, Mental services	Sel Add Dia Sh De Me Sel Ca	rvices: missions, MIUs, agnostics, GP's, thology lab, eldon ward, ental / opticians, ental health rvice, Shropdoc, mbrian centre her: Dial a ride, d cross / luntary sector g. Diamond drop hrop Mind / cheimer Society, signs in Mind, re start, youth entres, school rses, Marches hool offers link to unselling, CAB re is very good, ropshire mmunity ectory very lpful, Healthy ropshire ebsite), Libraries od source,
					to be a Telehe	s/data need ccessible, alth services ve care:	Co co int	ncerns: Bad nnection / ernet connection may affect the

Tra huk the ope ope faci UCC serv	nsport, Health U o, Occupational el grapy, Extended basening, Consistent me ening -consistent if	echnology side of CC, MIU and all lee in centre have ad parking, need nore if possible - so have a UCC need nore parking built
faci UC0 ser	ilities if called m C, Podiatry in vices and toenail	ore parking built

Oswestry Stakeholder		Facilities	Workforce	Diagnostics and Pharmacy
workshops round 2: Proposed core service offer discussion	Essential	Waiting Area (adult) Observation and or assessment unit Consulting and or examination rooms Dirty Treatment and or plaster room Interview room (mental health)	Advanced Nurse Practitioners (ANP) Administration and or Reception Access to Emergency Centre via telephone and or video	Plain Film X-ray Ultrasound Point of care testing and blood fridge
	Less likely to be essential	Therapy assessment space (walking and stair access)	Radiographer*	Pharmacy – stocked dispensary

4.5 Whitchurch

4.5 Whitchurch						
In summary	Whitchurch has the potential to meet the core requirements to develop a rural urgent care centre and local discussion could develop discussions regarding colocation of a wider range of health and care services, as well as mechanism to ensure utilisation of those services.					
Projected	DAART & MIL	J				
activity	Whitchurch N	/IIU is open 9am to	5pm Monday	to Friday and is c	losed at weekends.	
levels		an average of 46 e is no DAART ser	•		10% of the rural MIU	
	X-ray					
	X-ray services are currently operational in Whitchurch, performing 3093 examinations over a recent twelve month period. Our analysis shows that there is scope to divert additional X-ray activity (up to 1784 examinations per year) from Shrewsbury & Telford hospitals to Whitchurch, based on patient travel time analysis. Further work is required to assess whether the benefits of patient convenience combined with additional activity make consistent daily opening hours viable.					
Travel time	The travel tim	nes analysis show l	ow numbers of	likely attendees	(less than 200 per	
modelling	The travel times analysis show low numbers of likely attendees (less than 200 per year) in the 6am – 9am slot, would need to carefully consider the viability of early morning opening. A steady flow of patients (very roughly 4 per hour), expected 9am to 9pm, should be sufficient to maintain staff skill and morale.					
Estates	Plans are pro	gressing for develo	pping a primary	care facility with	in the hospital,	
feasibility	-	-		-	rea. This limits the	
study	options for de		Urgent Care Cer	•	ng space; added to	
Outline cost	To be reviewe	ed and locally sens	itized taking int	o account overa	II locality staffing	
estimates		icross a range of se	_		•	
Whitchurch					8000	
Stakeholder workshops round 1:		Ongoing health problems	Self-care	Urgent care	Emergency care	
		Diabetes	Cough, cold	Fall/accident	Heart problem	
Previous	Examples	Blood Pressure	Backache	Cut	Sepsis/Septicaemia	
experience		Asthma	Hay fever/	Sprain/injury	Hip	
of NHS		Insomnia	allergies	Ear problem	Fall	
services,		Thyroid	Weight	Urine		
categories		problem	Eczema/skin	infection		
discussed by			problems			
attendees		Most popular	Most	Most popular	Shropdoc	
	Location	location was	popular	location was	999	
		GP.	location was	GP.	Alder Hay Hospital	
			Pharmacist.		Ambulance	
		Expertise. GP	I could get	MIU at	Emergency care	
	Comments	knowledgeable	advice about	Whitchurch	required	
		about	the best	not open	Saturday, wanted	
		medication and	produce and	оон.	to get quick D+R to	
				GP lunch	get home.	

		Relationship good with GP, I knew I would get blood tests if necessary.		time - to g an urgent opinion an signposting necessary. No GP appointme available of day requir. Not severe enough for A&E. Attended MIU - completed care.	present part placed. assort	esented to ecialist centre. aware who other an ambulance am able to help tient to safer ace and needed sessment and hab.
		Diabetes Blood Pressure Asthma Insomnia Thyroid problem	Cough, cold Backache Hay fever/ allergies Weight Eczema/skin problems	Fall/accide Cut Sprain/inju Ear proble Urine infection	Sep ury Hip	
Whitchurch Stakeholder workshops round 1:	Accessibility	Staff	Want to use	Operate differen		Work with existing services
Main themes from Rural Urgent care Centre discussion	Opening hours – 7 days Location – local area Parking Use existing facilities	GP Radiographer Nurse Pharmacist Nurse practitioner	Location Waiting times Access to range of services Communicatio Highly-trained staff	Access t	ent area o range ces	Communication Integration of services Use of technology Sharing information Located with other services
Market Drayton (Whitchurch) Stakeholder		on the pre-seloyou go C	was held in Mark ected date Current provision to vant to ensures sta	hat W		tional services
workshops round 2:	Services: White Leighton Hospi surgery, Pharm	church MIU, S tal, GP it nacy, C	ervices: X-ray and t, Whitchurch MIU District nurses, The	nurse of A m rapists,	cute: ANP nedicine	– don't do
Summary of discussion 'if there was no urgent	Shropdoc, RJAI Locations: Mar Crewe, Shrews Telford, Stoke,	c ket Drayton, h bury, F Wrexham,	Community matron oordinators, Ambu oub at Market Dray irst responders	llance ton, D te	esting	: Near patient
care centre locally, where would you	Oswestry, Ches General: Deper of day	В	General: "Everythin Better longer openi Jours of MIU	ng pi	rimary/OC rovision ocial: Impi	OH: OOH

go?'		Concerns:	service	25
	Concerns: Lack of knowledge what Whitchurch can offer Transport makes it	Menta health	l Health: Mental	
	difficult, Traffic issues Market Drayton	s from	Techno	ology:
	(Whitchurch) to Whitchurch, No publi	r.	Palliati	ve care:
	transport to Whitchu Whitchurch MIU close weekends, Whitchurch plaster room, Whitch not well signposted	rch, ed at ch no	(qualifi improv educat Whitch Inform	More nurses ications), Transport vements, Patient cion, More parking at nurch, One stop shop, ation hub, ection of community al
			not tra	rns: People would evel to a RUCC in try – road appalling
Market Drayton		Facilities	Workforce	Diagnostics and Pharmacy
(Whitchurch) Stakeholder workshops round 2: Proposed core service offer	Essential	Waiting Area (adult) Observation and or assessment unit Consulting and or examination rooms Treatment and or procedure room Dirty Treatment and or plaster room	Advanced Nurse Practitioners (ANP) Administration and or Reception Access to Emergency Centre via telephone and or video	Plain Film X-ray Ultrasound Point of care testing and blood fridge
discussion	Less likely to be essential	Waiting area (children) Interview room (mental health) Therapy assessment space	Radiographer*	Pharmacy – stocked dispensary
	Both		GP available for assessments	